

# Revive Your Eeman, This Ramadaan

## RAMADAAN REMINDER LIST

Week No: \_\_\_ of 4

REQUIRED DAILY ACTIVITIES	1	2	3	4	5	6	7
Got up for Fajr on time & prayed Fajr with its Sunnah							
Made my morning Dhikr							
Prayed all prayers on time and on earliest time possible							
Dhikr after every Salah(Subhanallah,Alhumdulillah,Allahuakbar)X33, ayatal kursi & other dhikrs							
Removed unislamic songs/materials from mobiles/computer/ipod etc							
Prayed all the 12 rakah of Sunnah prayers							
Made Qunut/Du'a for the Parents & Muslim Ummah in a prayer							
Commanded one good & Forbade one evil							
Prayed more than 1 Fardh Salah in a mosque (males)							
Read the Tafsir of one verse of the Qur'an							
Read a little Seerah (biography) of Prophet (saw)							
Read one new Hadeeth and its meaning							
Read minimum 1 page of the Qur'an with understanding							
Attempted to increase in knowledge (reading/listening)							
Attempted to practice one rare Sunnah of Rasulallah (saw)							
Made one Muslim smile							
Made my parents smile, hugged and kissed them							
Did not argue, nor backbite with anyone							
Did not harbour ill feelings in my heart against anyone							
Did not do anything I was unsure about its permissibility							
Tried my best to take care of my body							
Gave charity (monetary)							
Preserved or removed a harm from the environment							
Made Du'a for the Prophet (saw)							
Made Tawbah & Istighfaar 100 times							
Pondered 10 minutes about struggling for this Deen							
Did a special deed that is secret between myself & Allah							
Gave some of the extra food from Iftar to my neighbours							
Prayed my Taraweeh prayers							
Prayed Witr prayer & included some of 40 Rabbana Quranic duas							
Read Surah Al-Mulk & 4 Qul Surahs before going to sleep							
Pondered about my Death and of the Day of Judgement							
Prayed absolute minimum 2 rakah Tahajjud prayer							
Asked Allah for Jannah and refuge from Jahannam (X3)							
Recited Sayyadul Istighfaar once in a day and once at night							
Read Quran: Baqarah: 255 & 284-86, Surah Imran:191-200							
Went to sleep in a state of Wudu							

Fasting doesn't only involve going hungry for the day. The objective of fasting is to gain Taqwaa, piety, by doing what Allah commands and keeping away from what He forbids. Fasting means avoiding all that is forbidden, avoiding looking at haraam, listening to haraam, speaking haraam, etc. Otherwise the only gain from fasting is hunger and thirst.

The Prophet (saw) said, "Whoever does not abandon false words and deeds Allah has no need for him to leave his food and drink." [Bukhari 3:31:127]

The Prophet (saw) said, "Whoever fasts and prays in Ramadaan with Eeman (sincere faith) and seeking reward (from Allah) his past sins will be forgiven." [Bukhari 3:32:231]

The du'a of the one who is fasting will not be rejected by Allah [al-Bayhaqee, at-Tirmidhi]

The Prophet (saw) used to make the following Du'a upon breaking the fast,

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ العُرُوقُ،  
وَتَبَّتَ الأَجْرُ إِنْ شَاءَ اللهُ

(Dhahabadh dhama'u wabtallatil 'urooqu wa sabatal ajru InshaAllaah)

which means,  
"The thirst is gone, the veins are moistened and the reward is certain, InshaAllaah."

[Abu Dawud 2/306, no. 2357]

Note: (saw) stands for (sallallaahu 'alaihi wa sallam)

REQUIRED SPECIFICALLY ON FRIDAYS	
Read Surah Al-Kahf (Qur'an Surah 18)	
Tried to Pray Jumu'ah at earliest time & best gathering	
Thought 5-10 minutes about the khutbah's message	
Took extra care to groom & maintain myself	
Made Du'a only for Rasulallah (saw)	
WEEKLY REQUIREMENTS	
Memorized 1/4 page of the Qur'an with understanding	
Memorized 1 Hadeeth of Rasulallah (saw)	
Memorized 1 Du'a from the Sunnah	
Fed/Clothed one needy person or gave a gift to one	
Made Istikharah about an important matter	
Attempted to join the hearts between two Muslims	

### Sayyadul Istighfaar (Most superior way of asking for forgiveness):

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ لَكَ بِذُنُوبِي فَاعْفُرْ لِي، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

"Allahumma anta Rabbi la ilaha illa anta, Anta Khalaqtani wa ana `Abduka, wa ana 'ala ahdika wa wa'dika mastata'tu, A'udhu bika min Sharri ma sana'tu, abu'u Laka bini'matika 'alaiya, wa abu'u laka bidhanbi faghfir lee fa innahu la yaghfiru adhdhunuba illa anta" [Bukhari 8:75:318]

### INSTRUCTIONS:

Make 4 Xerox copies of this sheet for each week. Don't forget to write the number of the week at the top. The numberings 1-7 refers to the Day numbers. Tick (✓) mark the boxes next to the activities if you did them on a day.

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